



Kerry Hargraves

Speaker • Workshop Leader • Bodacious Old Broad

About Kerry

Kerry Hargraves is a creative, intuitive, sparkly explorer. She walks, sometimes skips, along the playful path.

The programs she teaches do more than just make women happier, they also change the world. How cool is that! By helping women to discover and embrace their bold, fun, brave, vibrant Bodacious Bad-ass Old Broad and unleash her on the world, the world becomes a brighter, happier place. Who isn't all in for that!?

At any given moment you may find her blowing bubbles in an elevator, spreading her wings and flying around corners on the street, singing loud in her car, or dancing to the grocery store music. She will be spreading smiles, creating laughter, and encouraging others to join in the fun.

After a million jobs* in about 50 years chances are Kerry has been there or done that. And she has the refrigerator magnet collection to prove it. Along the way, she learned the power of a playful spirit for changing lives, changing the world, and improving every aspect of life.

* Only a slight exaggeration

**Happiness is contagious.
Join her in creating an epidemic!**

*For a quick
Happiness
boost*

- Sing, out loud, emphasis on loud. Shy? Sing in the car.
- Get your hands dirty. Plant something, dig in the soil.
- Smile. Even better, laugh. Your brain will believe it even if you don't

510 816-3443 | Kerry@KerryHargraves.com
www.KerryHargraves.com



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Speaking Topics

It's Only Too Late if You Never Start

Who are you beyond your roles (mother, care provider, business person, etc?) Lets look beyond the roles into who YOU are and what life can be like when you start living from that place.

Life 3.0: Rocking the Second Half

We're all going to get old (with any luck at all.) The kind of old person you're going to be is up to you. Will you become a Sweet Little Old Lady, a Miserable Old Battle Ax, or a Bodacious Bad-ass Old Broad? You'll get a easy tool to show you which direction you're heading.

Living PlayFULLY - The Road to Bodacious

There are six stages to becoming the colorful, vibrant, adventurous woman you've always known you could be. We'll look at what it takes to truly claim unabashed ownership of your Bodacious life, starting right now!

Want something special for your group or organization? Contact her for more details on her program or to customize a presentation for your group, team or

A Few Audiences



SUCCESSFUL THINKERS
NETWORK

Mastery for Women



Living Playfully

Contact Kerry to speak at your next event

510•816•3443 Kerry@KerryHargraves.com
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